SPIRITUAL ACCOMPANIMENT COURSE

The Heart Network & Ennismore Retreat Centre will conduct a **Training Course in Spiritual Accompaniment Commencing September.**

Duration: Two year programme of Spiritual Accompaniment **Commitment:** Fourteen weekends (Saturday morning - Sunday afternoon) over two years.

Aim: By the end of this course participants will be expected to minister compassionately and effectively as Spiritual Accompaniers, under supervision.

Brief Description: Participants will develop

On a personal level

- An openess to the transformative power of God in their own lives.
- Greater self awareness
- The ability to acknowledge strengths and limitations
- greater ability to articulate their personal faith journey
- discover new understandings and insights

On a Ministerial level

- the ability to take a "Contemplative Stance"
- a new way of being connected to the other, self and the world
- attunement to the movements of the Spirit attentive to the sacred/depth dimension as it unfolds within our own personal stories.
- to be comfortable undertaking the shared journey of life with another especially during moments of difficulty and uncertainty
- an awareness of the importance of personal supervision
- sensitivity in relation to boundary issues
- to become a reflective practitioner
- to promote good practice

Closing Date: To be announced

Conducted By: John Bennett msc, Finola Cunnane SSL, Mike Serrage

msc